

# The Umbrella of Hope Foundation

## Project Report: Care & Support for Women Living with HIV/AIDS



the  
**Umbrella of Hope**  
F O U N D A T I O N

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## Report of activities carried out during the period under review as identified in the organization's project work plan

**Locations:** Wairaka, Kakira and Mawoito in Kakira Town Council, Jinja District.

**Project Description:** Develop a sustainable and participatory system to help women infected and affected by HIV/AIDS to improve their livelihoods and the well-being of their families, thereby achieving self-reliance.

**Beneficiaries:** HIV/AIDS widows, HIV infected women & families/parents/elderly people affected by HIV/AIDS.

**Reporting Period:** 1<sup>st</sup> March 2011 – 1<sup>st</sup> September 2011

## Report of activities carried out during the period under review as identified in the organization's project work plan

**Objectives:** 1. Increase information access on the prevention of sexual transmission of HIV/AIDS and STI'S among at least 100 youth, 100 married adults and 100 elderly women. 2. Empower HIV/AIDS widows, HIV infected women & families/elderly people affected by HIV/AIDS by creating opportunities for them to get directly involved in income generating activities. 3. Monitor and evaluate project effectiveness.

**Objective 1:** To increase information access on the prevention of sexual transmission of HIV/AIDS and STI'S among at least the 100 youth, 100 married adults and 100 grandmothers as people taking care of OVC whose parents died of HIV.

**Title of Activity:** Increase information access on the prevention of sexual transmission of HIV/AIDS and STI'S.

**Date(s) conducted:** March 2011 – May 2011

**Location(s)/venue(s):** Parishes of Wairaka, Kakira and Mawoito in Kakira Town Council.

TUH staff involved in the activity:

S/N	NAME	DESIGNATION
1.	Namaganda Rachel	TUH staff member
2.	Isabirye Charles	TUH staff member
3.	Mutengu Joshua	Community-based health educator
4.	Kiviri Paul	Community-based health educator
5.	Nanangwe Stella	Community-based health educator
Ext	Musosa Millicent	District focal point Officer - moderating dialogue sessions

**Activity 1.1 - Conduct 3 community dialogue sessions in parishes of Wairaka, Kakira and Mawoito in Kakira Town Council.**

Three (3) community dialogue sessions were conducted once in each of the 3 parishes of Wairaka, Kakira and Mawoito in Kakira Town Council. This was conducted by 2 staff members and 3 community based health educators. This involved the participation of 100 HIV/AIDS positive individuals at each dialogue session testifying openly on benefits of positive living. This led to increases information dissemination in order to influence change in behaviour and reduction of risky sexual practices.



**Activity 1.2 Counselling, blood tests referrals in the 3 selected parishes**

HIV/AIDS counselling, blood tests and referrals were carried out in each of the 3 parishes in the project area provided by The Umbrella of Hope. Referrals were made to The AIDS Support Organisation (TASO) and Government health centre III. This helped determine the number of the HIV/AIDS infected individuals and will show the exact number of people to be followed up, and help people in knowing their status such that they can avoid transmitting the virus unknowingly to their partners who are not infected.

**Activity 1.3 Home visits to the HIV/AIDS infected and affected households by community based health educators**

TUH organised home visits from 3 Community Based Health Educators. This took place over a 3 month period, one month in each of the 3 parishes covered in this project. This offered outreach, counselling and education services on the ways of living positively with HIV/AIDS, how to cope with challenges of losing the family heads or dear ones, and reinforce the understanding of those not infected not to easily expose themselves to risky sexual practices.

**i. Table 1: Direct Targeted beneficiaries**

District	Sub-county	HIV/AIDS widows w/ families	HIV/AIDS infected families	Elderly (Lone Households)	Youths	Total individuals
Jinja	Kakira	51	63	14	35	163
Jinja	Wairaka	42	71	19	32	164
Jinja	Mawoito	37	52	26	29	144

**Objective 2:** To integrate care and support by providing breeding piglets for income generation and nutritional improvement of 300 piglets to 30 affected household groups and HIV/AIDS widows, HIV infected women & families/parents/elderly people affected by HIV/AIDS.

**Activity:** Provide breeding piglets for income generation and nutritional improvement

**Date(s) conducted:** June – August 2011

**Location(s)/venue(s):** Kakira, Wairaka, Mawoito

TUH staff involved in the activity:

S/N	NAME	DESIGNATION
1.	Anita Peludah	Staff member
2.	Isabirye Charles	Agriculture trainer
Ext.	Ndiko Nicholas	District veterinary officer - verifying whether piglets are healthy

### **Activity 2.1 Needs Assessment of Household Groups**

During home-visits in objective 1, activity 1.3, two (2) staff members carried out a needs assessment of the household in terms of their level of income, level of skills, and availability of resources to generate income. Through interviews and observations of 30 households, the option of breeding piglets was chosen to move forward based on 1. Household skill-level 2. Food resources in the household (pigs do not require special feeds)



### **Activity 2.2 Purchase of 300 Piglets and Training on Home-Agriculture Methods**

The Umbrella of Hope purchased and distributed 300 piglets to 30 affected household groups. Piglets were checked by the district veterinary officer. Training involved the formation of 150 beneficiaries into smaller groups and each nominated household person supported with 2 breeding piglets in a revolving fund (new households receive new piglets from growing livestock (new piglets born)). This ensured that their alternative sources of earning incomes were widened, particularly for vulnerable women; it reduced involvement in sexual relationships in exchange for material or financial support. Nutrition levels improved due to improved knowledge of home-agriculture methods in growing vegetables and piglets hence the households were more able to meet their basic needs.



**Objective 3: Monitoring and Evaluation to Determine Project Effectiveness and Lessons Learnt**

**Activity: Conduct Monitoring and Evaluation and Project Report**

**Date(s) conducted:** August-September 2011

**Location(s)/venue(s):** Kakira, Wairaka, Mawoito areas.

TUH staff involved in the activity:

S/N	NAME	DESIGNATION
1.	Anita Peludah	Staff member
Ext	Ndiko Nicholas	External evaluator (independent volunteer)

**Activity 3.1: Carry out effective monitoring, supervision and evaluation of all project activities**

TUH staff member made supervision visits of 30 households in the last month of the project to determine the effectiveness of the project, in terms of – level of income, level of skills, knowledge before and after training, number of piglets. It was found 4 households had sold piglets to raise immediate funds therefore ended with the project 26 households had continued in raising piglets, and shown an increase of skills level and household resources (food levels).

- M&E report written and delivered

- Good practices analysed, and shared with staff and project board members

